

ANDREW SULLIVAN DDS & JOEL PASCUZZI DMD, LLC INSTRUCTIONS AFTER PERIODONTAL SURGERY

1. You may experience swelling at the end of the day or the following day. This can be minimized by immediately applying an ice pack to your face, 15 minutes on and 15 minutes off, for one to two hours following the surgical procedure. If swelling is present after 48 hours, a towel of moist heat can be used instead of ice, 15 minutes on and 15 minutes off for one to two hours. **If swelling is excessive, please call the office.**
2. You may experience some seepage of blood during the first 24 hours following surgery. Do not be concerned, if your saliva appears slightly red. If bleeding continues or is profuse, **apply pressure with a moist tea bag directly to the bleeding area for 10 continuous minutes. If this does not control the bleeding, please call the office at 201-437-9098 or our emergency numbers after hours.**
3. **For any emergency after office hours:**
Dr. Pascuzzi can be reached at 908-693-7511
Dr. Sullivan can be reached at 201-572-3882
4. You may experience some discomfort. Take the medication for pain as prescribed, starting with the first indication of discomfort. Do not take the medication on an empty stomach. Discontinue the medication, if pain ceases or if you react unfavorably. If the medication is a narcotic, do not operate an automobile or any type of machinery, while taking the medication. If an antibiotic is prescribed, take it as directed, unless you react unfavorably. If so, call the office.

You may experience some, all or none of the above. In any event, the following additional suggestions will make you more comfortable:

- Do not rinse vigorously for the first 6 hours, for you may dislodge the surgical dressing. Thereafter, rinse daily with a mouth rinse, such as Crest Pro-Health.
- Keep fluid intake high for the first 24 hours.
- Eat an adequate diet, and take liquids every few hours for the first day.
- If an antibiotic has been prescribed, take as directed until all the medication has been taken. Discontinue, only if you react unfavorably.
- The surgical dressing has been placed to make you feel more comfortable during the healing period. Do not disturb the dressing and if it falls off, please call the office.
- Brush the other teeth normally, but do not brush the dressing or the teeth in the surgical area.
- Do not use the “Water pik”

Feel free to call us for advice or help, for it is our desire to have you as comfortable as possible during the healing period.