



Orofacial Myology for the 21st Century Introductory Course

Sandra R. Coulson MS, ST, Ed, COM
Clinical Professor of Orofacial Myology
Melbourne Venue: 13/50 New Street
(1st floor) Ringwood, Vic 3134

November 15, 16, 17, 2019

Orofacial Myology is defined as treatment of the orofacial musculature to improve muscle tonicity and activity. It is the establishment of correct functional activities of the tongue, lips and jaw, so that normal growth and development may progress in a stable, homeostatic environment.

Course Learning Objectives:

- Identify relevant dysfunctional habits through anatomy and physiology training
- New techniques to identify and rectify habit
- Acquire a working knowledge of orthodontic fundamentals and appliances
- Understand the benefits obtained by correcting OM dysfunction
- Exercises used in the treatment of OM
- Motivational techniques for success
- Integrate OM into an existing practice or modality
- Practice management, ethics - record keeping
- Hands-on therapy techniques



TO REGISTER: please contact:

debi@sandracoulson.com

The Coulson Institute 2121 S Oneida Street
Suite #521 Denver CO 80224 303.759.2760



Allied Health Professional Course
SANDRA R. COULSON MS, ST, Ed, COM
Clinical Professor of Orofacial Myology
Melbourne Venue: 13/50 New Street (1st floor)
Ringwood, Vic 3134

November 18TH, 2019

THIS COURSE IS DESIGNED FOR ALLIED HEALTH PROFESSIONALS, ASSISTANTS AND SUPPORT STAFF:

Increase your knowledge of Orofacial Myology. This course will equip assistants and support staff to:

- Answer client questions and concerns.
- Give clear and concise information to clients about Orofacial Myology issues.
- Inform clients on Orofacial Myology practices, what to expect from the practitioner.
- Recognize Orofacial Myology issues in patients.
- Understand your Orofacial Myology service better to assist you and your patients.

THIS COURSE ALSO BENEFITS:

Health professionals interested in learning more about Orofacial Myology for proper referral
Relevant health professionals* interested in learning more about Orofacial Myology for future learning courses

Students enrolled in the Graduate School of Behavioral Health Sciences Certification Program
Certified Orofacial Myology Specialist (CSOM)

Recent Graduates (SLP's) who have not received Orofacial Myology education

*Relevant Health Professionals: SLP, MCHN, RDH, DDH, OHT, Orthodontist, Dentist, OT, Chiropractor, Osteopath, Physiotherapist, IBCLC

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**Two Day Advanced Orofacial Myology
Course for Relevant Health Professionals**

SANDRA R. COULSON, MS, ST, Ed, COM
Clinical Professor of Orofacial Myology

**Melbourne Venue: 13/50 New Street
(1st floor) Ringwood, Vic 3134**

November 23RD and 24th, 2019



******OPEN TO PARTICIPANTS WHO HAVE PREVIOUSLY TAKEN AN
INTRODUCTORY COURSE**

COURSE OBJECTIVES:

- Intake forms (OM, TMD/J and other evaluations)
- Recognize 'problem' patients (Structural, Neurological, Compliance, Ortho Appliances)
- Myofunctional therapy with infants (Pre-Post lingual/labial frenectomy, Encourage lingual/palatal contact)
- What to do when patient cannot demonstrate your lesson plan
- Alternative exercise plans
- When to use alternative therapies & referral sources
- Assessment, Treatment and Alternative Exercise plans (Tongue posture, Crossbite, Short Upper Lip, Bruxing – bracing – clenching and grinding)
- Assessment, Treatment and Alternative Exercise plans (Down syndrome, Cerebral Palsy, Bell's Palsy and Trichotillomania)
- Assessment, Treatment and Alternative Exercise Plans (TMD/TMJ, Bruxing, bracing, clenching and grinding)

**Relevant Health Professionals: SLP, MCHN, RDH, DDH, OHT,
Orthodontist, Dentist, OT, Chiropractor, Osteopath, Physiotherapist**

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